

## Vitasoy Chocolate Soymilk

Servings per Package: 4 Serving Size: 250 mL

	Average Quantity per 250 mL Serving	% DI* per serve	Average Quantity per 100mL
Energy	585 kJ (140 Cal)	7%	234kJ (56 Cal)
Protein	7.5 g	15%	3.0g
Gluten	0mg		0mg
Fat, total	3.8 g	5 %	1.5 g
- Saturated	0.8 g	3 %	0.3 g
- Trans	0 g		0 g
- Polyunsaturated	2.2 g		0.9 g
- Monosaturated	0.8 g		0.3 g
Cholesterol	0 mg		0 mg
Carbohydrate, total	18.5 g	6%	7.4 g
- Sugars	16.8 g	19%	6.7 g
- Lactose	0 g		0 g
- Galactose	0 g		0 g
Dietary Fibre, total	Less than 1 g	<3%	Less than 1 g
Sodium	218 mg	10%	87 mg
Calcium	300 mg	(37%RDI)* <sup>#</sup>	120 mg
Vitamin B2	0.53mg	(31%RDI)* <sup>#</sup>	0.21 mg
Vitamin B12	1.0 µg	(50%RDI)* <sup>#</sup>	0.4 µg

<sup>#</sup> Recommended Dietary Intake

+ Glycemic Index Low

\* Percentage daily intake based on adult diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

Not suitable as a complete milk food for children under 2 years of age.

### Ingredients Declaration:

Filtered Water, Certified Organic Whole Soy Beans (Min. 12%) Raw Sugar, Cocoa powder (min 0.6%), Calcium Phosphate, Sea Salt, Flavours, Vitamin B2 (Riboflavin), Vitamin B6, Thiamin, Vitamin A, Vitamin B12.