

**Vitasoy Soy Milky Lite**
**Servings per Package: 4    Serving Size: 250 mL**

	<b>Average Quantity per 250 mL Serving</b>	<b>Average Quantity per 100mL</b>
Energy	398 kJ (95 Cal)	159kJ (38 Cal)
Protein	7.5 g	3.0 g
Gluten	0 g	0 g
Fat, total	3.7 g	1.5 g
- Saturated	0.7 g	0.3 g
- Trans	0 g	0 g
- Polyunsaturated	2.0 g	0.8 g
- Monosaturated	1.0 g	0.4 g
Cholesterol	0 mg	0 mg
Carbohydrate, total	7.5 g	3.0 g
- Sugars	4.0 g	1.6 g
- Lactose	0 g	0 g
- Galactose	0 g	0 g
Dietary Fibre, total	Less than 1 g	Less than 1 g
Sodium	225 mg	90 mg
Calcium	300 mg (37% RDI*)	120 mg

\*Recommended Dietary Intake

**Ingredients Declaration:**

Filtered Water, Whole Soy Beans (Min. 14%), Sugar, Calcium Phosphate, Vegetable Gums (460, 407, 466), Colour (171), Sea Salt, Flavours, Food Acids (340, 331).