

# SO Y?

## Because getting half your daily calcium just got easier.

It's easy to forget how important your bones are. But they need looking after, too. So here's some good news; just one 250mL serve of Vitasoy Calci-Plus delivers half your recommended dietary intake of calcium\*. (In other words, two serves a day and you're done!) You'll also get half of your recommended dietary intake of vitamin D\*, along with helpings of phosphorus and magnesium, which are also vital for bone health. Vitasoy Calci-Plus is made with Australian-grown whole organic soy beans and is naturally cholesterol-free and lactose-free. Oh, and calcium's good for teeth, too, so there's another reason to smile.

\*Based on the recommended dietary intake of 800mg of calcium and 10µg of vitamin D a day.

**Vitasoy**  
The Soy Experts

