

Vitasoy Soy Milky Regular
Servings per Package: 4 Serving Size: 250 mL

	Average Quantity per 250 mL Serving	Average Quantity per 100mL
Energy	550 kJ (132 Cal)	220kJ (53 Cal)
Protein	8.0 g	3.2 g
Gluten	0 g	0 g
Fat, total	7.5 g	3.0 g
- Saturated	1.0 g	0.4 g
- Trans	0 g	0 g
- Polyunsaturated	4.2 g	1.7 g
- Monosaturated	2.2 g	0.9 g
Cholesterol	0 mg	0 mg
Carbohydrate, total	8.0 g	3.2 g
- Sugars	4.0 g	1.6 g
- Lactose	0 g	0 g
- Galactose	0 g	0 g
Dietary Fibre, total	Less than 1 g	Less than 1 g
Sodium	225 mg	90 mg
Calcium	300 mg (37% RDI*)	120 mg

*Recommended Dietary Intake

Ingredients Declaration:

Filtered Water, Whole Soy Beans (Min. 17%), Sugar, Sunflower Oil, Calcium Phosphate, Vegetable Gums (460, 407, 466), Colour (171), Sea Salt, Flavours, Food Acids (340, 331).